



JD·SWEID
FOODS
FUNDRAISING

product information

Sept. 2018 to Aug. 2019 Fundraising Season



Elmira Select Boneless Breast

Our highest quality Elmira Select Boneless Breast now has reduced sodium and comes in a larger 3kg box.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	80	1 g	0 g	0 g	40 mg	450 mg	0 g	17 g

Product Number: **3295609** Fundraising Selling Price: **\$37.00** Pack Size: **3.0 kg**
Approximately 15 breasts



Quik Strips™ s

Oven roasted and fully cooked, our 100% breast meat strips are a delicious addition to a stirfry, salads, wraps, pastas... the options are endless. Now with a new & improved taste!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	140	3 g	0.5 g	0 g	75 mg	460 mg	2 g	25 g

Product Number: **6905605** Fundraising Selling Price: **\$35.00** Pack Size: **2.00 kg**



Breaded Chicken Bites E G M S W

Juicy, boneless breast meat bites in a deliciously seasoned crumb coating; perfect plain, dipped or sauced.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	210	10 g	1 g	0 g	35 mg	780 mg	15 g	15 g

Product Number: **6325600** Fundraising Selling Price: **\$25.00** Pack Size: **2.00 kg**
Approximately 60-70 pieces



Tender L'Oven Chicken Fillets G S W

An all time favourite... our whole tenderloin, lightly breaded and ready to cook in your oven! Serve with your favourite tasty sauce.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	180	6 g	0.5 g	0.29 g	30 mg	470 mg	17 g	14 g

Product Number: **4325603** Fundraising Selling Price: **\$27.00** Pack size: **2.00 kg**
Approximately 40-45 pieces



Spicy Breaded Chicken Breasts G W

Tender sliced whole breast portions lightly breaded in a spicy coating. Great on a sandwich or as a satisfying entrée with a salad or vegetables.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	180	5 g	0.5 g	0 g	30 mg	400 mg	20 g	15 g

Product Number: **4305602** Fundraising Selling Price: **\$30.00** Pack Size: **2.00 kg**
Approximately 15 breasts



Breaded Chicken Burgers G S W

These breaded burgers are 100% white breast meat specially developed for both the oven and the fryer. A simple and convenient meal idea your kids will love!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
70 g	140	5 g	0.5 g	0 g	15 mg	300 mg	15 g	8 g

Product Number: **4345603** Fundraising Selling Price: **\$23.00** Pack Size: **2.10 kg**
30 burgers



JDS Classic Choice Beef Burgers s

Satisfy your hunger and sink your teeth into our 5.3oz tender, juicy and delicious Classic Choice Beef Burger. Perfect for grilling it can be dressed up just the way you like it.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
150 g	350	23 g	13 g	0 g	100 mg	640 mg	6 g	25 g

Product Number: **1030196** Fundraising Selling Price: **\$36.00** Pack Size: **4.54 kg**
30 patties



Bacon Cheddar Griller - Unbreaded Stuffed Chicken Breasts M S

Our delicious chicken breast glazed and stuffed with a blend of cheddar cheese and bacon. Perfect for the grill or baked in the oven.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
170 g	220 g	9 g	4.5 g	0.2 mg	95 mg	780 g	4 g	31 g

Product Number: **3415601** Fundraising Selling Price: **\$27.00** Pack Size: **1.36 kg**
Approximately 8 pieces

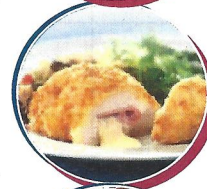


Breaded Stuffed Breast Chicken Divan G M S W

Tender, juicy all white boneless breast meat filled with broccoli florets and a blend of Cheddar and Mozzarella cheeses; coated in a light, crisp breading. This popular filling is sure to please everyone.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
118 g	220	11 g	3 g	0.2 g	40 mg	520 mg	16 g	16 g

Product Number: **4395604** Fundraising Selling Price: **\$23.00** Pack Size: **1.36 kg**
12 portions



Breaded Stuffed Breast Chicken Cordon G M S W

Tender, juicy all white boneless breast meat filled with processed Swiss cheese and ham; coated in a light, crisp breading. Make this part of your meal today!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
118 g	230	10 g	3 g	0.2 g	45 mg	710 mg	17 g	16 g

Product Number: **4395602** Fundraising Selling Price: **\$23.00** Pack Size: **1.36 kg**
12 portions



Breaded Chicken Parmesan G M S W

Seasoned 100% white breast meat, formed and layered with real Mozzarella cheese and a blend of pasta sauce, Romano and Parmesan cheeses, coated in a light, crisp breading.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
150 g	330	17 g	4 g	0.3 g	35 mg	705 mg	27 g	17 g

Product Number: **4395600** Fundraising Selling Price: **\$35.00** Pack Size: **2.70 kg**
18 portions



Sweet & Savory Rotisserie Style Chicken Pieces S Su W G

Unbreaded chicken pieces glazed and seasoned with a sweet and smokey rub. Perfect for cooking in the oven or on the grill.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	150	10 g	3 g	0.1 g	50 mg	950 mg	2 g	13 g

Product Number: **6365611** Fundraising Selling Price: **\$30.00** Pack Size: **2 chickens**
18 Pieces



Mild Breaded Chicken Wings G W S

Breaded, seasoned and fully cooked wings can be enjoyed plain or dressed with your favourite sauce to suit everyone's tastes.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	250	14 g	3 g	0 g	40 mg	810 mg	14 g	15 g

Product Number: **6215601** Fundraising Selling Price: **\$30.00** Pack Size: **2.00 kg**
Approximately 40 wings



Fully Cooked Turkey Sausage G W

Our turkey sausage is juicy and full of flavour. They are great for any meal prepared in the oven, stove top or grill!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	140	7 g	2.0 g	0.1 g	70 mg	470 mg	4 g	16 g

Product Number: **6425600** Fundraising Selling Price: **\$30.00** Pack Size: **2.00 kg**
Approximately 20 pieces

Allergens: E = Eggs, G = Gluten, M = Milk Ingredients, S = Soy, Su = Sulphites, W = Wheat

Allergen Statement: All products are produced in a facility that handles the above allergens.

For specific ingredient information please don't hesitate to call: 1-800-663-5694.

